



Creativity, Activity, & Service Trip 6 Days in Lisbon, Portugal

Chaperones: Ms Trott & Ms LaVanway

Who Can Go: Rising 10-12th graders

When: June 12-17th, 2025

Cost: \$2700

Cost includes: Accommodations, most Meals, All Transport, Activities, Taxes, Fees

Deposit Due: \$600, December 18th, 2024 *(feel free to let us know you are attending prior)*

Remainder of Balance Due: Monday, March 3rd, 2025

We need a minimum of 10 students for this trip to run so reserve your spot!!

TRIP ITINERARY

Day 1- Arrival in Lisbon

Arrival and Transport to Accommodation

Check-in and Relax

Walking Tour: The beautiful city of Lisbon has survived earthquakes, tsunamis, and wars, but today faces a different challenge: the struggle to maintain community and identity in the face of gentrification and a tourist focused city center.

The orientation tour through the city explores everything old and new about Portugal's fascinating culture.

Evening Meal: A taste of traditional Portuguese cuisine

Day 2- Activity, Service

Day Trip: Surf Camp

Just a short bus drive from Lisbon lies Costa Caparica, a stunning coastal bay with sandy beaches and rare wildlife. Known for its long, golden beach and perfect beginner surf

conditions. Students will rise early and board the surf bus before taking a 2 hour surf class.

Lunch: Enjoy a packed lunch on the beach

Service Challenge: Local Beach Cleanup

Students will assist a local NGO organization in their efforts to preserve the coastal environment by participating in a beach clean-up and after learning how essential ocean preservation is for our planet

Evening Meal: Lebanese and middle Eastern cuisine

Day 3- Activity

Cultural Immersion: Discovering Lisbon

Students will be divided into groups and assigned various tasks designed to deepen their knowledge of Lisbon. They will engage with locals, search for landmarks, and document their progress in a scavenger hunt

Lunch: in the city

Tile Painting Workshop:

Students will visit the National Tile Museum, where they'll have the opportunity to create and paint their own tiles, experiencing firsthand one of Portugal's most iconic art forms.

Evening Meal: Pizza night

Day 4- Activity, Creativity, Service

Service Challenge: Grannies of Lisbon Tour

Lisbon is struggling to balance the economical benefits of tourism with the needs and values of its local population and cultural heritage. The aging population is one of the most at risk from gentrification. In the morning small groups "shadow a granny" as she takes them on a morning tour through the markets, coffee shops, and community hubs of her local neighborhood.

Lunch: Groups will reconvene to share lunch and stories at local community center

Service Challenge: Active Aging

Together with the grannies and volunteers at the local community center, students will learn about the art of tapestry and/or silk screen printing to create a collaborative piece of their making to take home.

Reflections Workshop: In groups, under guidance of CAS Trip guides, students will participate in an in-depth reflections session that will review the experiences and challenges of the trip.

Evening Meal: Visit one of the centrally located restaurants to enjoy a burger night

Day 5- Creativity, Activity, Service

Sintra Day Trip:

The stunning mountains of Sintra are the must do day trip from Lisbon. With its decadent palaces, dewy verdant forests, UNESCO World Heritage-listed town center and 10th century Moorish castle, Sintra does not disappoint. In this full day trip, we will visit palaces, castles and gain extraordinary views of the Atlantic Ocean in a day to remember.

Lunch: Packed lunches from stunning viewpoint

Return to Lisbon: After a long day of sightseeing and history, we return to Lisbon in the late afternoon for some down time at the accommodation or in town.

Evening Meal: Asian cuisine

Day 6- Departure

CAS Project Challenge: After an introduction to the UN's Sustainable Development Goals, students will receive the tools and framework to plan, organize, and engage in a long term collaborative CAS Project that will have a positive impact on their own community.

Check Out & Depart for Home